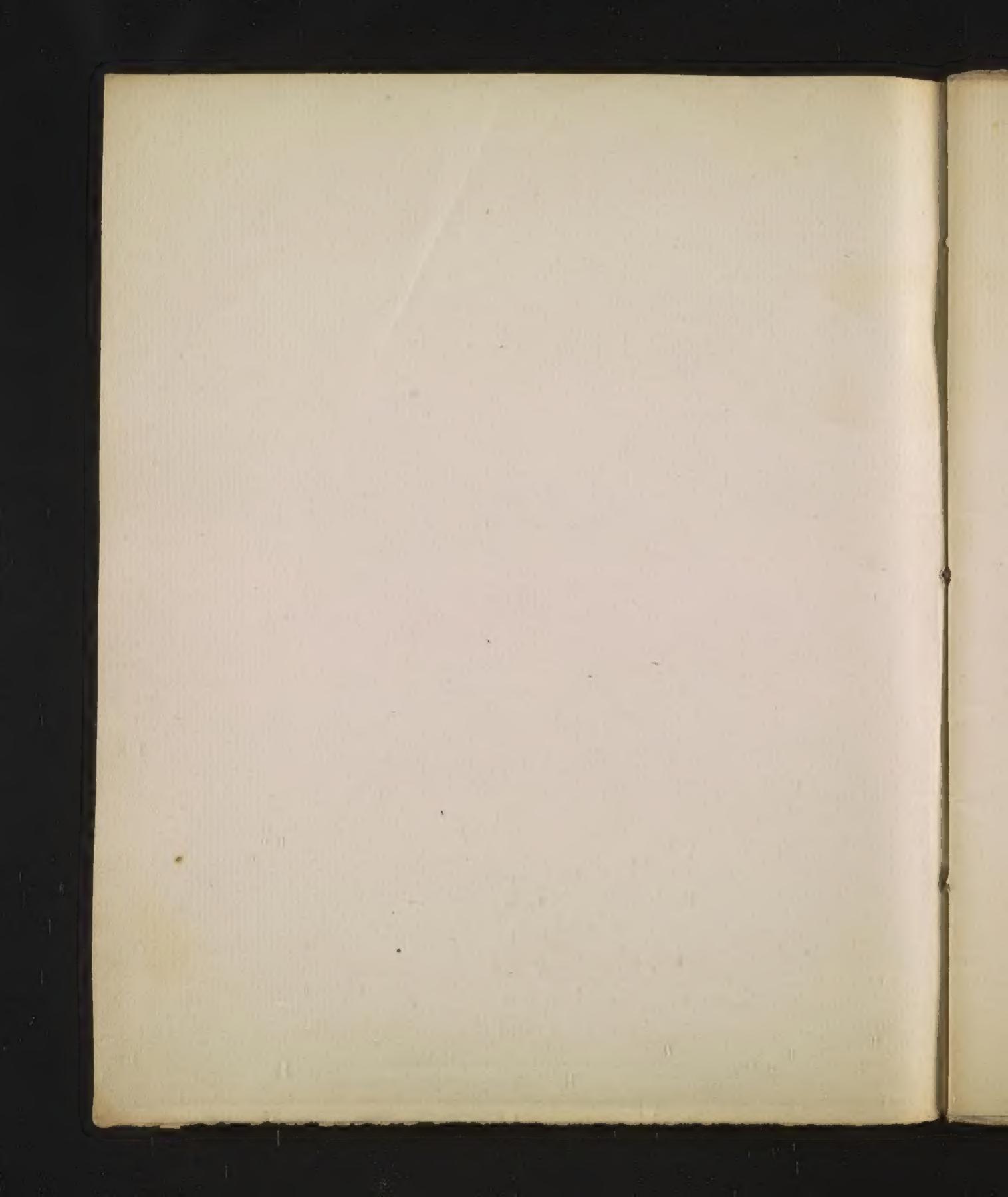
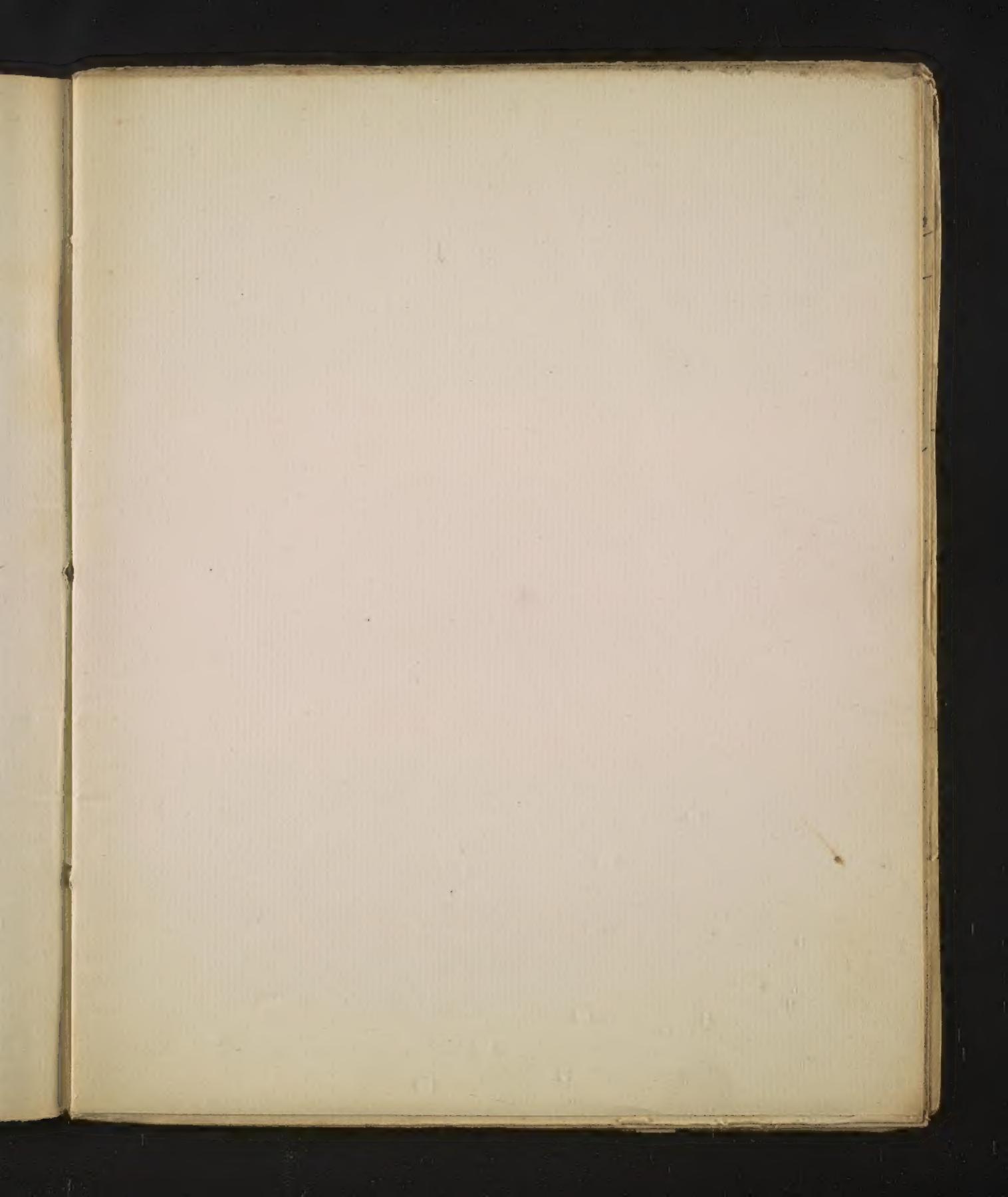
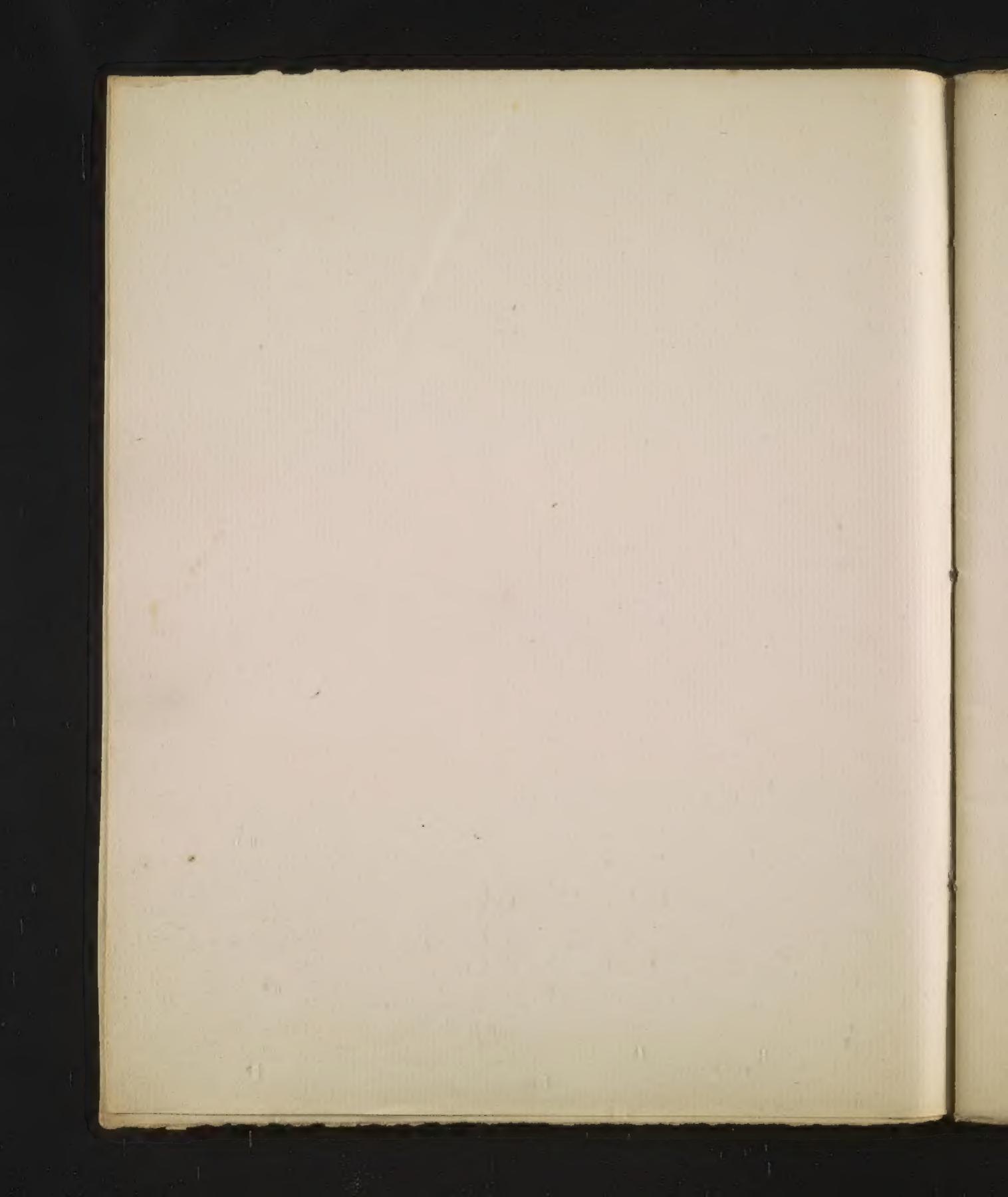
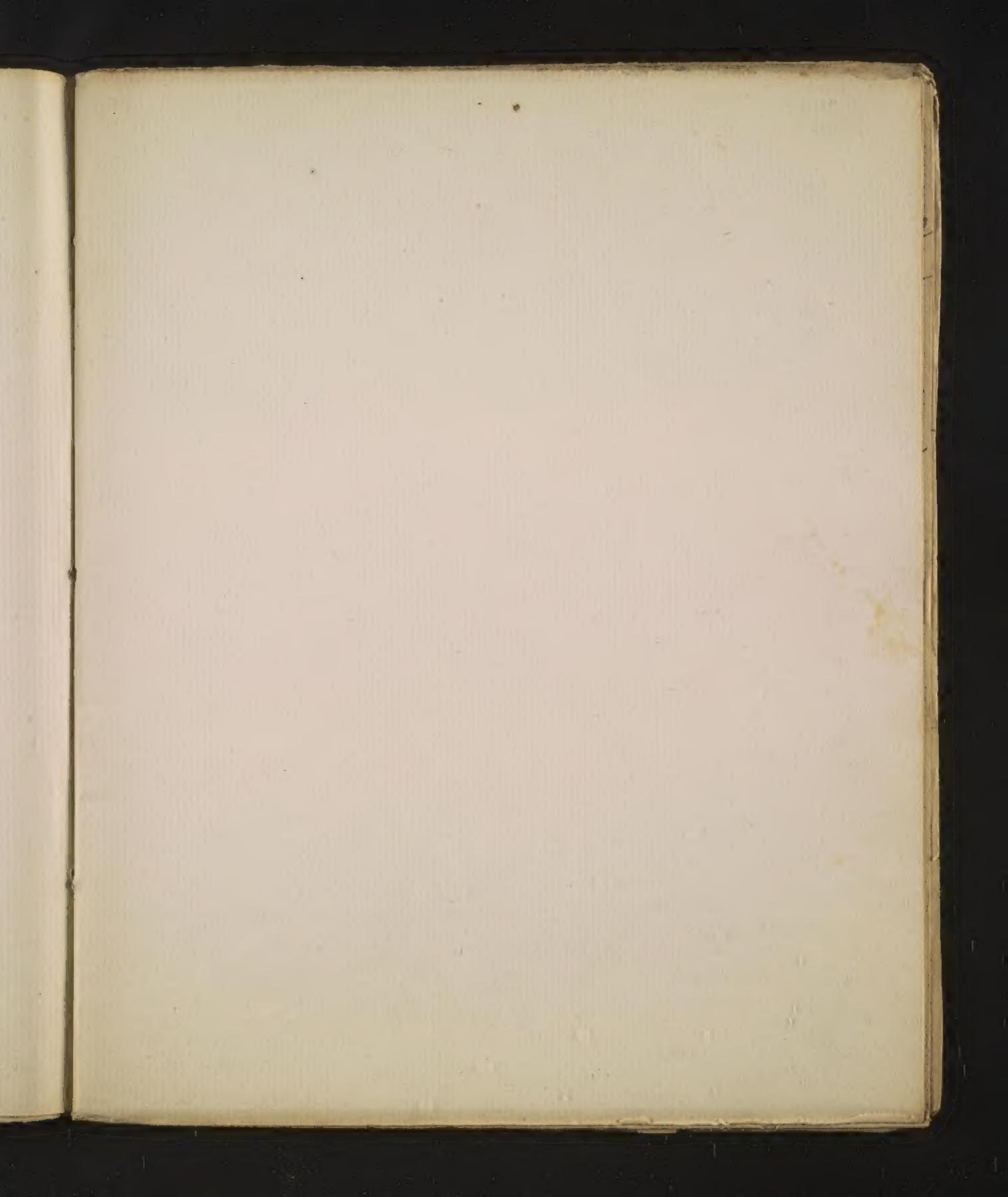
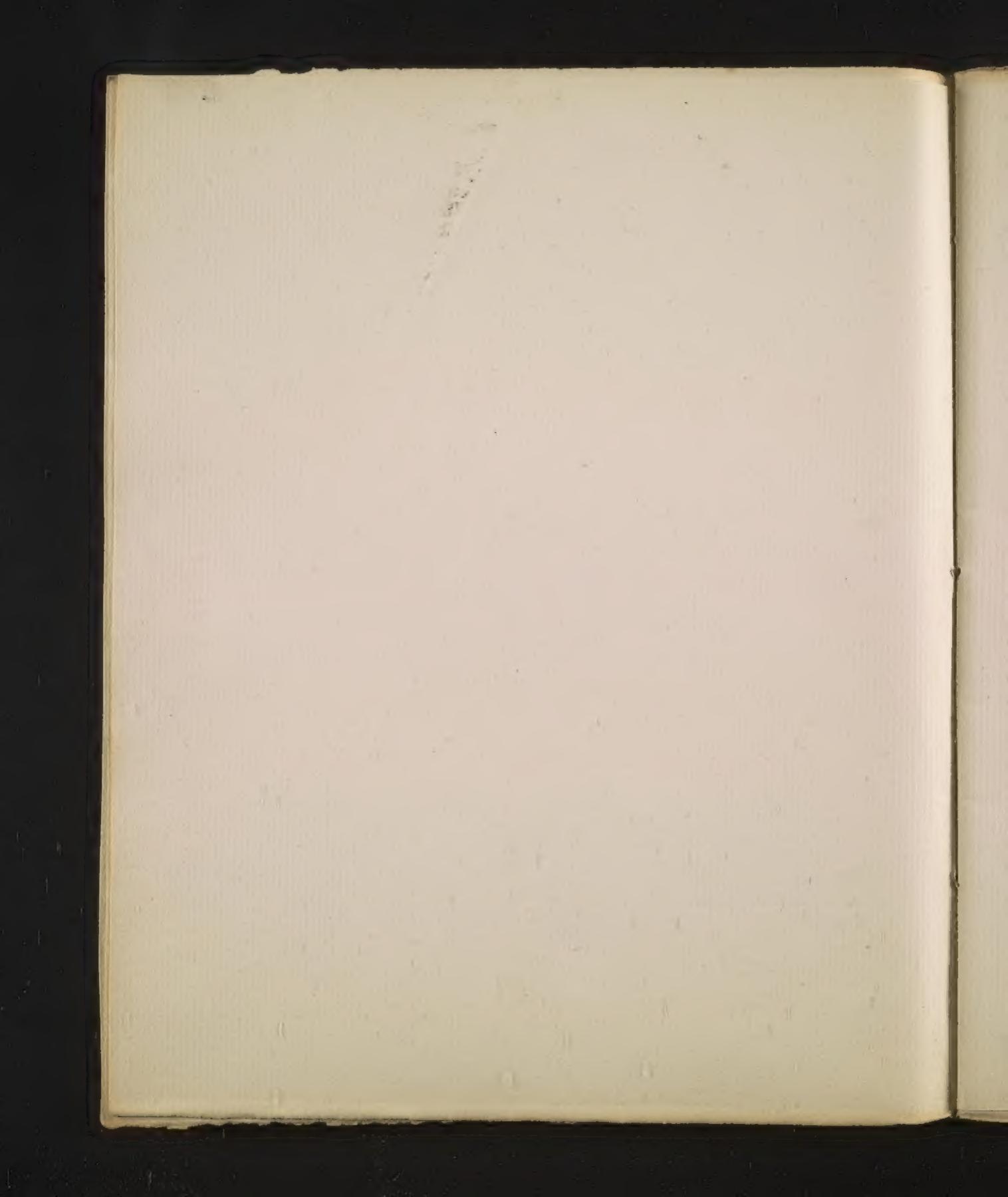
每43 722 on Wahefulness

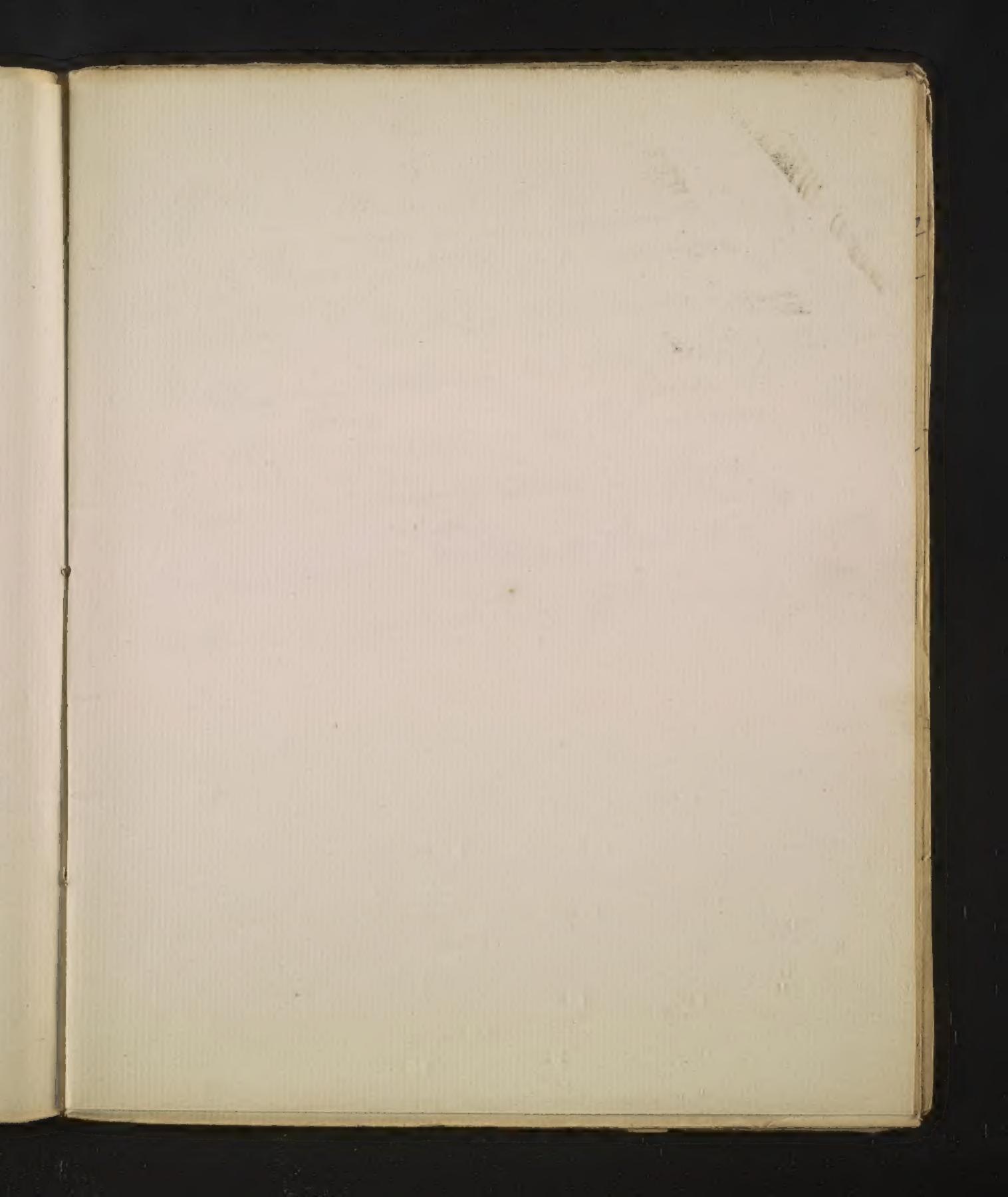


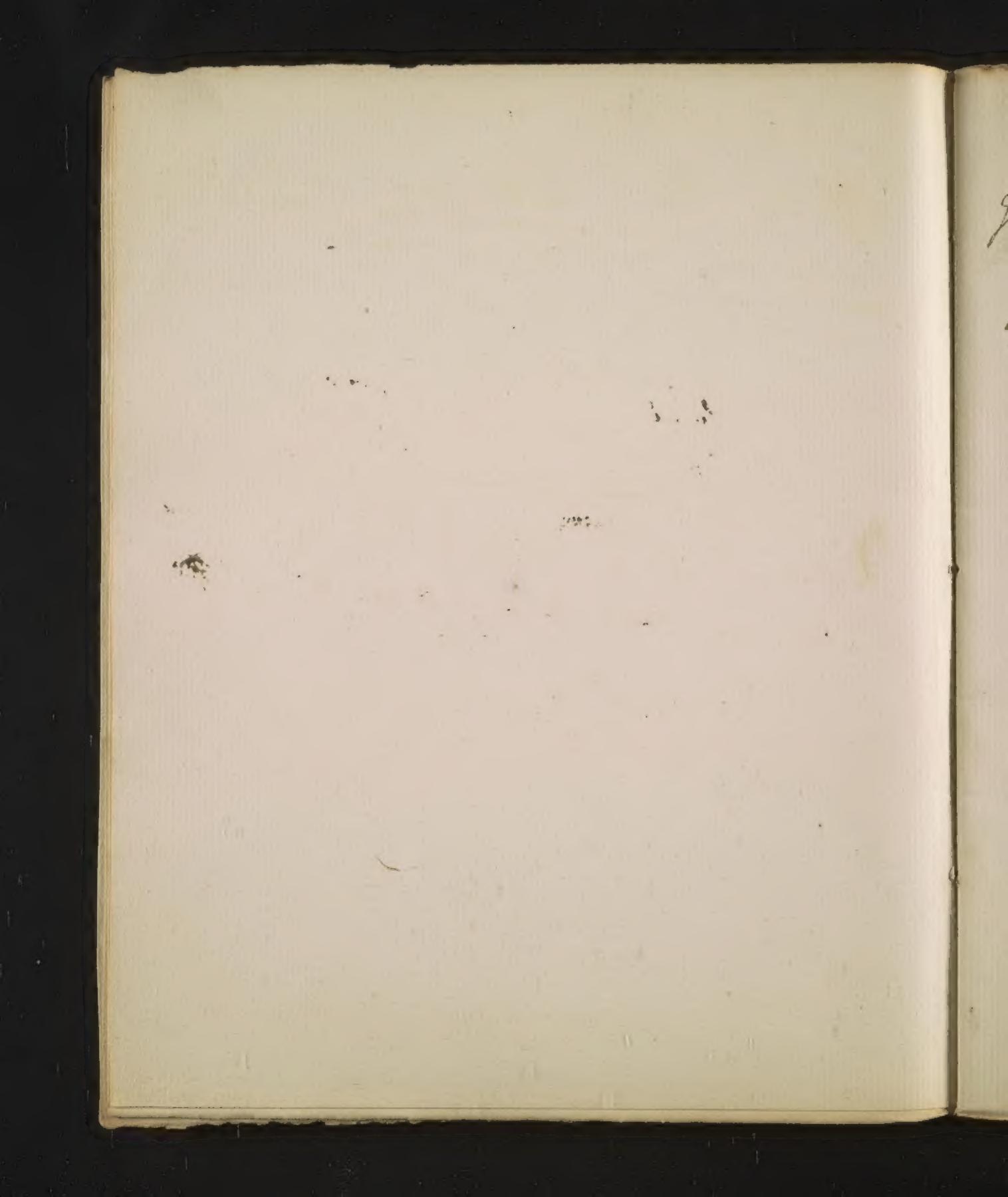












place, & in which takes place a her proceed reaction and the proceed reaction or produced reaction. to those in which in which in which excitement, I reachon take place. The first of this is former are waterfulness wirtigo thead ach the latter are unsubscours & or Spilys (

Vallen enclored

an wahefulnes : The himits of natural fleep are differention different people, and in the different periods of life. In any instances are recorded of messons basing multis, years fand me of a Inter-10 afring and his whole life which extended to yours) with but a for bones flugs in The frustrents and yet enjoying good hullte. In goneth in his fungery relates an instance of a Spaniard who he tavels Iter age of 20 V 70 never Hugst bent 1/4 of an home in the four & twenty without fuling being in the least incommonts by it. Who Drit during this bonos long, survey war ister ouls of fish-Christate & a fin Wegetables. In Juens and in actain diocuses of the

V St dissour appears in different forms, I In quiet flate of the lody and neins in which case it is boundines attended with pleasurable Sensationes. 2. In great restlepres, or jackations of the whole both from lide to diels or to. different parts of the bed. 3 In little Whort justings of the museles of the limbs called by the good evenien the couries. I have & alled it a discase a bestoi for I believe in the brain. This is wident in accompanied with enorbid action.

This is wident in but is not only preterna herally

full but tense. The often takes place in

full or tense. from an except of, or Deficiency of natural. from pedirese, on the former or latter cause 4

Trems & bruin there is often an Absence of Slups for days and weeks without any per-- ment injury being done to the Lystern by it. Inany Jants of Stris kind are mentioned by Ir Haller in his Elements of Pressider zy. But in general wat of but the Hornever huppiles there yetim may aummonutate itself to these extraordinary degrees of bigilance, it is generally a disease when it exceeds the 1/2, ordinary habits of arrost prople, that it The four and twents. It is arounded with a when reglected byters. indues mutuels, er anne Dangloves, and Jatul dioceses of the Grain. V z Wahefulness is indired by 1 Corporent, and II mental lande. Herbe. The Imporent

V auventsanied with yout liphalie betime: nation - 10. Goest pressamy. I have known Exertifulness produced by it differents before partigeition. Il pain from all its cruses. 12 a horas bed after being accustomed to a The Corporeal Courses which reduce the excitement below the Heyring point are p:4

At he loopoural lauses 3 act by induing excitment beyond the Heyong point, or latited produce a diminution of existement below the Hupsing point with Just an accumulation of existability, as to sender the brain too enruable from Stimuli is repose its itself at the point of Im all grantites. 8 a small done of oppirum. 4 The punsium Back. Tix Kunnson Ivres of this miline indened it for three brights and days in a lady in this lity. 5 a heavy Supper, or aliaments, or driver hot habitical to a patient. 6 noises of all kinds of acrem. - normal traiture y forter campine beat. 8 cold. The fire hat y ? How into the brain bed. y a fever

which afflicted V The wahefulness of the white Knipean volite applicated him in the ovening of his life was brought on by the cure more various of his Understanding. The papiones which prevent They was by unduly suiting the brain. neg love, envy, resentment-malie. The other mental initants are

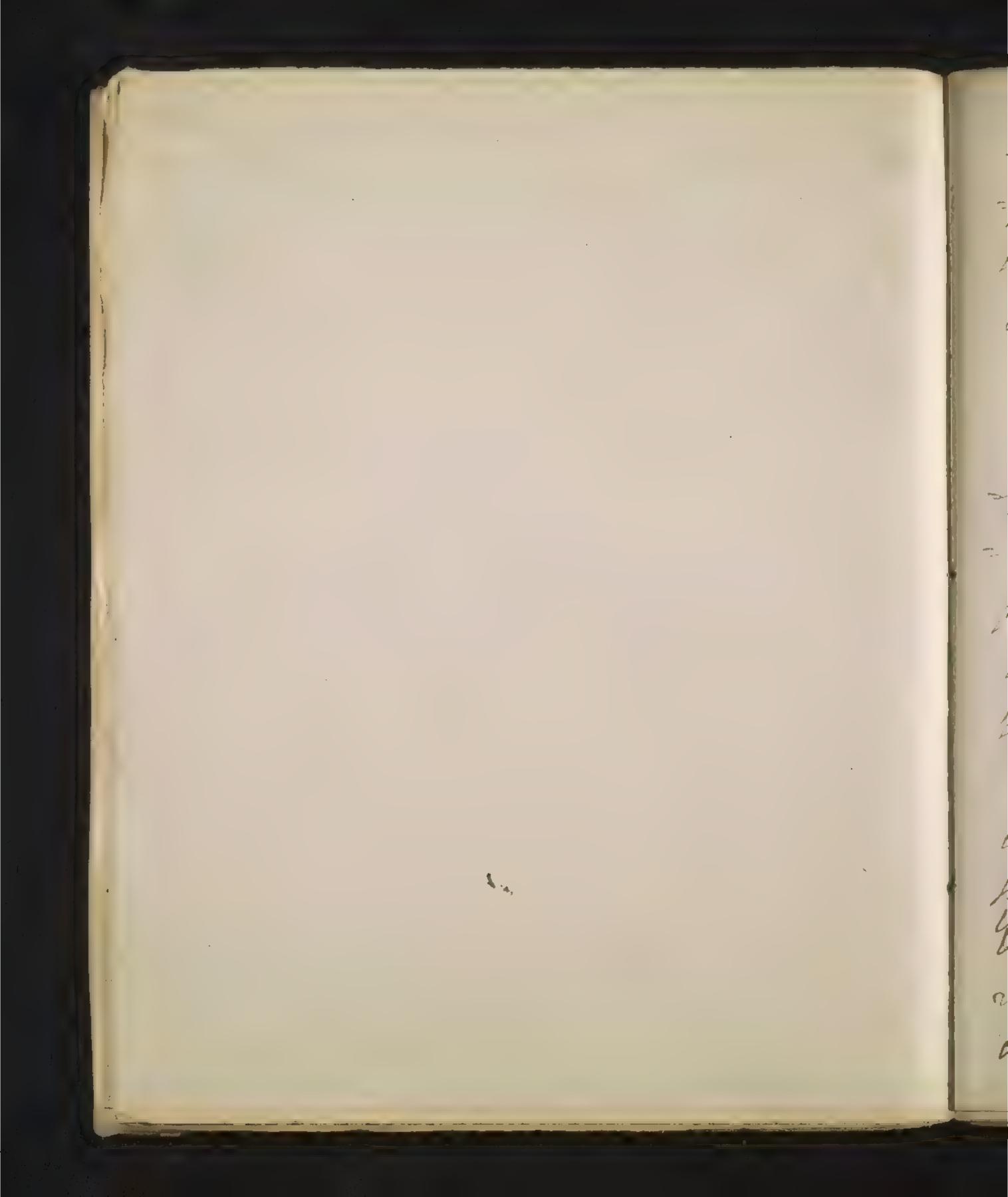
avoring with yout lystation of : = sometime to the surden Johnton of a Joven leaving the ystern in a brighty excites · Mr. Hate. 11-pain from hell its Carrente 12 2 the want of lahor, Stridy, or exercise during The day, and 3 fuligne from an under broportion of Brook of them. 14 Partraetter plane plane or fam. - les are touretimes temable flugs after spending two or three brights at a garriery table. Has
booklass Irps yeide, Died of manyelp induced wholly
by his bring four or fine brights, in attending Ulgrow the Inties of his Westeterical profession. 14 Parforancy I have known for fire partners lives. II The mental Chross of Wohnfulness are 1. The under exercises of It & Unders Swind with I wind it along the Beging point. It wering to just before it when bugins in the twening to just before

Love copinally whin timonespful. Dr Umme in his principia medicina describes this Effect of love in the following words. Som. - mes enjee vocatus, enque ap denveren dunt, I Fear. This is often induced by Lats, rats, as the dread of robbers, and by high winds. It 2 Grief.

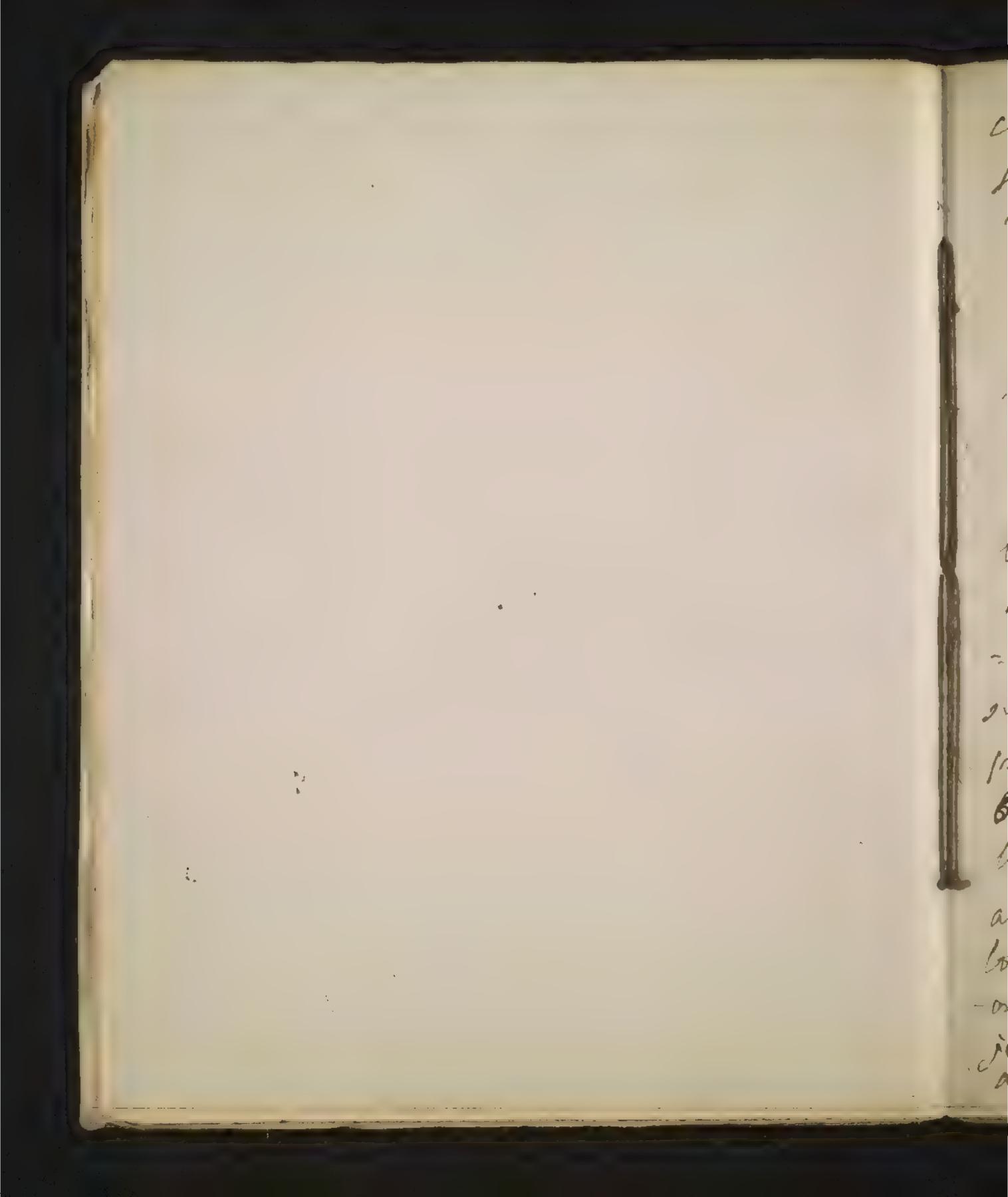
2 Interesting and were times business of all kinds particularly lun huits, and politichs. 3 Byritt mying upon the Conscience wake. - Juliufs is to often brought on by these Carrier that parties men consider it as a somethy Inspricions tirementaine tin a manis Character when he paper The greatest part of his vights in his ba with out Sluping. "Let me have men says Crosan that are the play ofthat Mont me of the are sluck head of minen of bun his number of six the at Slup at trights" "Capiers theirhs too much" the sheping soint.

Courses which when the brain below the sheping soint.

III I have said wakefulacep is induced by A Prishure of Corpored was mental lasses. This veins thinkly in MA lige in which the exemisity in the toptens ducte books, and mind, hucus Ita lop of the existement of



Josh of them. There is scarely any loodily in. - prefrom to juble, on mental uneasine so trifling that does not at times bring on. Workedness in old ought. Even the wight of or graphypur is a emon to their bries. The Brain in all these cases of wahr. Sulveto is always in one of love States, exi. - tis above, or deprepred belove the fleeping print. Harmon fir Iter Jonner Case and their so show my negroid of the The pulse is tenoe, or full, without known, or tolong there is a Hurshing in they'all (K) hate of the pulse. The Bleeding through he rejusted from Jigns of under existencent are unvered. Isham noted this remedy often de always with Lucep in this discuse. Where there is reason to believe the Disease is con-



Christy on wholly to the brain, ings or leaster thousand be muferned to the larrest. 2. Levrient pringes. 3 low diet, and particularly abstinenes journ ten Coffee, andent offermenter lignors. 4 no Sysper. 5 als mystications to the head and warm applications at the fame Iring to the feet. Physics without a tright lap in wir watter in persons who have heer accustomed to winning one will frequently admit of as would told to the head as is require - red. The Bishop of Mimes was cus a by this simple results after soing anny officers to ero purpose. His head was bull with ago. & Profound Durhness and filered. & Lying on the back. This cute by returning the action of much all the Immschoof the levely. & Bhisting hint to the Ineles and Afterwards to the much. & Presi--one traver labor or exercise driving the Buy, or just before to time walking the floor forhulf an hour before bying down in but is often an • Q

anodyne to in Wahefulneso from zendred existenment of the brain. It is the more day in has hum jouped in Stary at a disk. It auts by a bloosting accuseme lated existenent from the brain, and throwing into the limbs, & Thus egnuhring it. 19 hultrat flate of wahre - jul welp in which there is restleprep, on i actation of the body, or those little jeskings of the limbs which are called brivils, great advant ages have been derived from junting throwing off the bud cleaths and expressing the hody to the Cold air. The System when Dysepp, by the low, reacts egerably, and there by your - living excitement, indues Sleeps. But if this Hamilto be irreffectival, the patient thruld jumps of out of his bed, and walk undoughed for five or dif brinsutes up betown his room.

12 V: copplying bottles with bot water, or hot brick to the feet. They abstract contement from the brain , and thus ugualize it.

this way Ir Franklin Sten (word, and Obtained Huspo. I have often formed the bed wit benefit form tof this rundy when inc - 10000. upon me from mufoitz. when called wit of bed in six wahiful discussify delsom failed to drops as lesso after returning ham visiting my patient. It Sitting tops in an lever Chair with dying with the had elevated whome the hosty or in softeeping in a hely bunt prosture. Inother I had a patient a fra years ago in 1808 who will Hup only in her arm The air. The blood was restrained by its gravity in this state Volter body from over Himulating the brain. 13 Concentrating the wired upon Jours Due Subject. Learning a 100 buchen ands - on their king of a flock of theyo happing in hucepion over a jerre, or of a large wheat fried just before harvest warring before a gentle briese of wind.



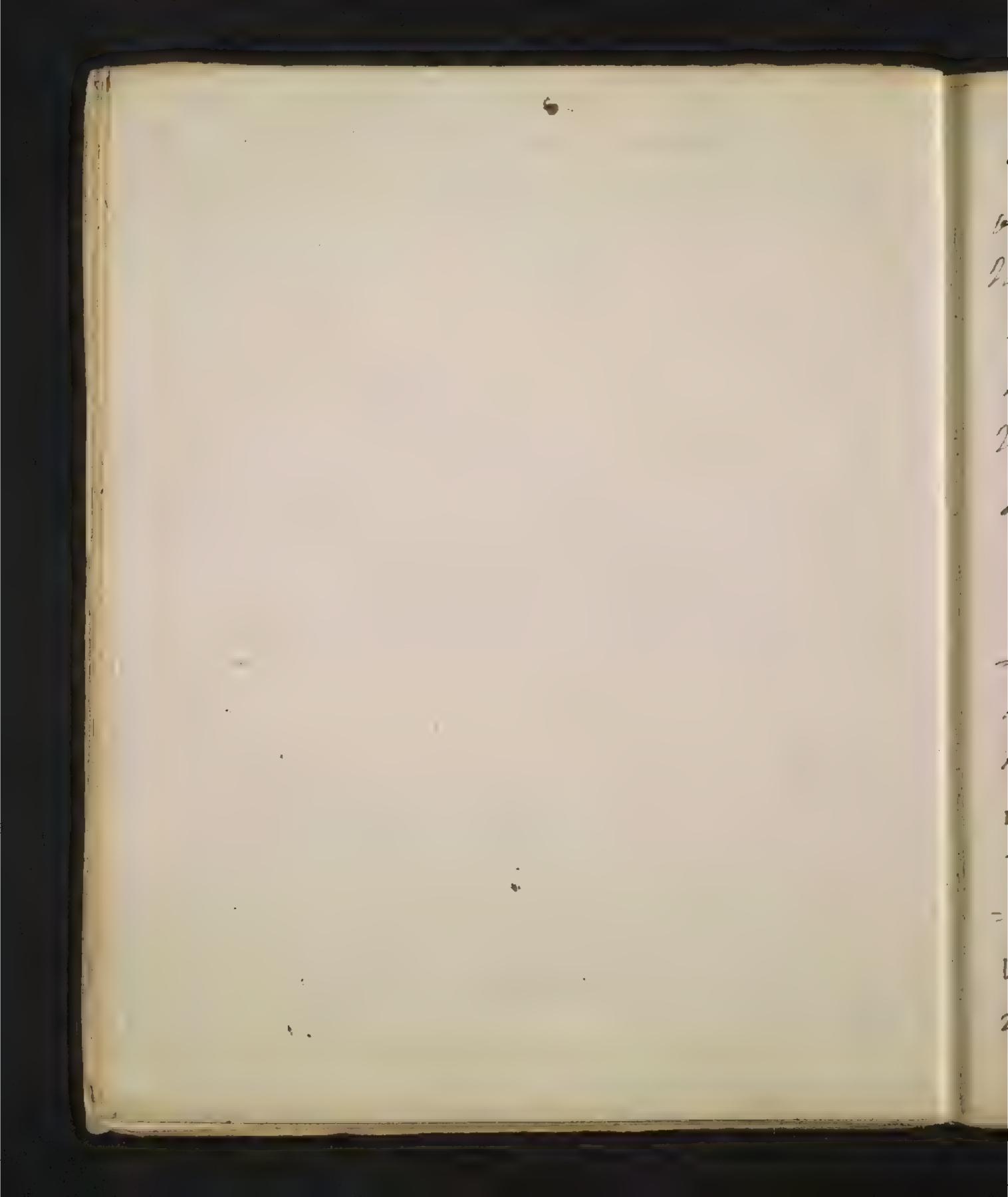
Has existement of the brains is thus quitty worn down to the Slugging point. 14 Ba: posing the Chro to certain simple Sounds which do not exite any ideas in the mind, and which was a construction of the which which which was a surface of the which which was a surface which will be a surface which which which which which which was a surface which which was a surface which which which was a surface which which was a surface which which which was a surface which will be a surface with the surface will be a surface wit - his of aition. Thise Sounds are the Orlian harjo, or the dropping of water into a bason, or a monaturous hunan mes Prince etter mount of the war afflighted with was afflighted with heard of the man, who was all of the Common land of the war to whom the common this discuss to whom the common of the first of the common this discuss to whom the common is the sense to whom the common is the sense to whom the common is the sense to whom the common is the common than the sense to whom the common is the common than the common the remeries for inducing blups had been given in vain. Our of his enighteness who had often Jan him Slup in Church atrised his friends to send for the parish prival to preach in his sich rooms. This joint probably had a monatonous, whith is always, whether in a founther, a pleader, or a for reader, of om anotyne nature. All these simple imprepriores upon the can act by wearing

V 16+ Gr. Bonet commends obliging Joursons 151 who are obstinately waheful, to stand Until they begin to not. It appears to be a set vational 19 Hours wo fut or of the line, a thousanghe like both lifne yours in led.

Down its existement. 15 m De willis relates a Case of Histinute wake. - Juliefo which always went off, as foois as uy a belching of wind took place from the fto: - maile of his patient what would be the effect of creating a linister revulsive action the Hornach by means of an emetricon Harmseating doses of miliane? Let un mest inquire into the Remedico which are more to one stor wakefulned of Where the Lyp brain is below the Hotleyping, boil. This flate of the brain may be known by allending to its careses. The more protracted they have been in their Dependion, the more ! mobably they have notwerd it. The pulse in this flattery The dystern is weak, and the face I eyes discover nor e of the marks of preternatural or under caritement in the brain in this flate of the disease

V De Jackson litts is it has leften indueld Heys when apphis to the John of the feet.

I opium Bajin with Imall dopes, Trivedryn will tometimes be anone effectual in induring Sleep Stann 40,0050. 2 a tinchere or land extract made of hops, or 3 a bay of hopsplaced under the head. This emissione often. indues flup where Opsivern Juils, and wholly from its living a more juble anotype. 4 apapatida - in michne on potes. I have Anown two soills and of this Gum out as an anodyne, when brium failed in its ordimany done of having that offert. These acts chiefly upon the Tremes. 5 a bight Impper. 6 a drunght of porter or a glass or two of wine them ut bedtime. I Tea or Coffee of a moderate Its ength taken in the truning. all these bubstances induce Slugs by chrating the System to the flugging point. & The warm Buth, or the petilivium just before bestime.



9 Light, tilher of a Candle, or of the moore es of the morning. It is knowned the light of The morning chrates the System to the point of Sleep, that many presons full asleep at the Dawn of Day, Isho tame poloso the whole might in a flate of Distriping Wakefuhrefo. I mensironed formerly an instance of a lady in this lite who iver unable to fleys weithout the Phirmehrs of the light of a can--dle in her rooms. io a criston ary homed. The inhabitants of The Wighbourhows of the falls of the Evile are unable to Heip when they go abrows buy me the reach of its wise. I know # a houlehour. - her in this city who was unable to theyo When ever he slept in a room where he tid not hear the tithing of a mumber of watcher. He had been in the practice of taking all the Ivaleties in his those into his bed rooms merry

Tright to prevent this being stolen. 11 Thomismes off the best cloubters & creating a reaction of the Lystern from the action of Cold. - which rene how by transcending the Buble action of the System, cherates it to the Sleepoint point. 12 Suniping out of but and walking resofthe Sloon. This runery acts by acts when the brain is unduly existed by attracting its But in the flate of wah fulness from under Consideration, the limbs are some lines in the exercise of boathing throws the revitament a plus, while the brain ind in a minue Hete of existement. In this that the Johns Creitment of the linds is thrown into the the whielf indues slup by equalizing toward, and Elegano vor in a prosperide bet.

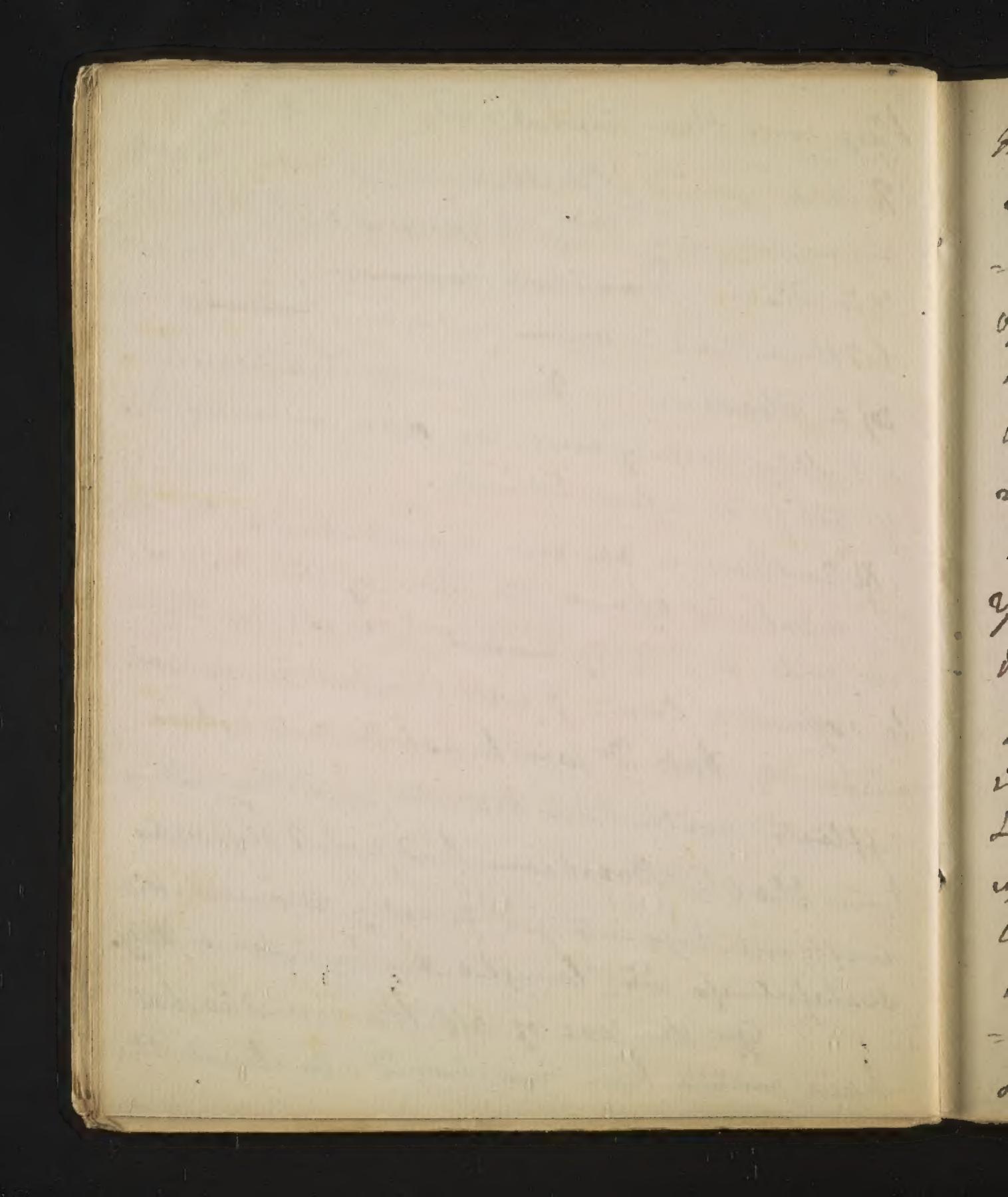
13 Bring rocked in a Gadle , This enerces esthe

De sto a In his 1 A v

Determination of the belows to the brain 20 Thus brings on flups. I'd Placing the body upour a Parill Stone, or any other body , mad sings his the treat bow and its his uniference, and then impariting to it. a artutory motion. in Brindley relates the these of a 2mm who was enried of heatherfulness by this searcedy. It some creates the healthy apropheny more which slup dysents. 15 young to bed precioely at thedams hour, and every night, and rising at the Jame hour 16 Thysing woom a hard bed, where a patient enery moszainy. has been accuestomed to it. Bruet mentions the Case of an Officer who returned to spend a winter with his Jamily after a drismoner Several weeks. Let length being physical, to lie down upour down straw upour agovernd

17 Riding in a anniage. It was this indus in a lady in this city after all the com: 18 = 2000. zumedies had been word to hopompose.

Huy was thus immediately induced. 18 Great Journs Should be taken never to com. inunicate any thing to persons afflicted with this die ense that that him in just before bed time that is of an interesting by tress whether Def a phasant, or Proagreable hatere. Even a trifling prine of onews as often prevented fleys if toto just before bestime. 13 as there is always a yout deal of foliatione in a patient about the ipue of this disease, it will be highly beriffed to energrage them to expect a Cure. I well revollent the Consola. z hon the tate Dr wood house derived when afflicted with this disease upom my telling him that Da Boarhaume Lad proport dix bruchs without they and yet friendly rumened. His hahefulness was brought on by intersesting. Ju the use of all the remedies that have much her mentioned, to elevate the



The Lystam to the fluping point, swellest the mes framerly given when a disease afz - Justs two or three of the different Lysterns of the body. They must all be reduced to the dame grade of debility, on in others words & humbed, or min Stimulants will not only be ineffectual, but oneresethe chiefly; of lives enere water the blows respects money. you can do little to any good purpose in the brain the primes, and injuscles bentil you discuss of these of the formy them first regulate their actions, and bring them first regulate their actions, and bring them further the latter. They extend into havenny with the latter. They extend into havenny with physical Reports chiefly Level of the marties of frations depends chiefly upon attending to this sull, and afterwards that out primarily conclaiming mutitions that out primarily and as it were sperificulty upon the diffe. - rent Systems in their equally bebilitated

